

Please find below an example of a band 5 response from a Year 9 student. The response has been copied exactly as written.

Are vegans really unhealthy?

Veganism is the current craze, but is it something we should be worried about? With many celebrities joining the hype, it is probable that young people will find it cool and want to be part of it without knowing enough about it.

Many vegans argue that the treatment of animals is cruel and wrong. Recently Joaquin Phoenix famously shared his views in a recent acceptance speech with the world, criticising meat-eaters for their lack of compassion to the animal world. It is true that animals can be treated poorly in the production of meat but is the answer veganism?

There are many others which challenge the vegan view and believe we are meant to eat meat. There is strong scientific evidence to support meat eating being an important part of our diet. The fact that vegans need to supplement their diets with vitamins would suggest that people need meat for their health. Furthermore, supplements can be expensive which might mean some people can't afford to buy them. Converting to veganism isn't as simple as cutting out animal products and people need to be aware of this before starting.

You may be thinking that the arguments on both sides are too strong to know which to be on!

Eating meat is definitely an issue that requires some consideration. Whether you believe it is right or wrong to have a plant-based diet, it is clear that a lot of people are converts!

Perhaps veganism is worth a try?

- **Controlled writing – focused on one event**
- **Clear and selective description/detail to engage the reader**
- **Accurate spelling, punctuation and grammar – used well to develop ideas**

10+5= 15 marks